

South Portland Municipal Pool Schedule November 21st- December 30th 2021

Please review other side of this calendar for important information, including schedule adjustments and special events!

Please stop by and visit us at
21 Nelson Road 767-7650
Or check us out online at:
www.sopoparksrec.com

Daily Fees:

SP Residents:

Adults \$4
Children/ Seniors 60+ \$3

Non-Residents:

Adults \$5
Children/ Seniors 60+ \$4

****=Reminder: maximum of 40 patrons using the pool at any one time!**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6 AM	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	CLOSED	CLOSED
7 AM	Lap Swim/ Deep Water Aerobics	Hydro Fitness at 6:45-7:30am J.A.M. at 7:45-8:30am Adult Swim 7-9 am	Lap Swim/ Deep Water Aerobics	Hydro Fitness at 6:45-7:30am J.A.M. at 7:45-8:30am Adult Swim 7-9am	Lap Swim/ Deep Water Aerobics		
8 AM	Shallow Water Aerobics (no laps available)		Shallow Water Aerobics (no laps available)		Shallow Water Aerobics (no laps available)	Shallow Water Aerobics (no laps available)	Shallow Water Aero 8-9am + 2-3 lap lanes
9 AM	Open Swim w/ laps 9-11am	Open Swim w/ laps	Open Swim w/ laps 9-11am	Open Swim w/ laps 9-11am	Open Swim w/ laps 9-11am	Lap Swim 9-11am	RENTAL 10-11am
10 AM		Scarborough Schools					
11 AM	Senior Swim 11-12pm	Senior Swim 11-12pm	Senior Swim 11-12pm	Senior Swim 11-12pm	Senior Swim 11-12pm	Open Swim NO lap/diving board open	Lap Swim 11-1pm
12 pm	Open Swim w/ laps 12-3pm (no diving board)	Open Swim w/ laps 12-3pm (no diving board)	Open Swim w/ laps 12-3pm (no diving board)	Open Swim w/ laps 12-3pm (no diving board)	Open Swim w/ laps 12-3pm (no diving board)		
1 PM						RENTAL 1-2pm	Open Swim NO laps Diving board open 1-4pm
2 PM						RENTAL 2-3pm	
3 PM	SPHS Swim & Dive Team 3-5pm	SPHS Swim & Dive Team 3-5pm	SPHS Swim & Dive Team 3-5pm	SPHS Swim & Dive Team 3-5pm	SPHS Swim & Dive Team 3-5pm	CMA 3-4:30	Lap Swim 4-5pm
4 PM							
5 PM	CMA 5-6pm (Closed to public)	CMA 5-6pm (Closed to public)	CMA 5-6pm (Closed to public)	CMA 5-6pm (Closed to public)	SPHS Swim & Dive Team 3-7pm	CLOSED	Deep Water Aero 5-6pm + 3 lap lanes
6 PM	RipTide Swim Club	Open Swim Diving Board + laps	Rip Tide Swim Club	Open Swim Diving Board + laps			CLOSED
7 PM	Deep Water Aero/ RipTide PLUS	Shallow Water Aerobics + 2-3 laps	Deep Water Aero/ RipTide PLUS	Shallow Water Aerobics + 2-3 laps	Maintenance 7-8pm Pool CLOSED	CLOSED	
8 PM	Lap Swim (closing at 8:50pm)	Lap Swim (closing at 8:50pm)	Lap Swim (closing at 8:50pm)	Lap Swim (closing at 8:50pm)	Lap Swim (closing at 8:50pm)		

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***Due to staffing responsibilities, the last swim of the day will end 10 minutes before the hour. Additionally, the pool staff may need to end any swim 5 minutes before the hour to set up for anticipated programming. Thank you for understanding and planning your workouts accordingly.**

POOL CLOSURES:

Thursday, 11/25 & Friday, 11/26-Thanksgiving Holidays

Friday, 12/24 & Saturday, 12/25-Christmas Holidays

Pool Party Rentals

Looking for a great way to celebrate a birthday?! Rentals for Saturday afternoons and Sunday (NEW!) mornings can be completed online. Check it out at www.sopoparksrec.com and contact the Customer Service Desk with any questions about this process.

Planning Ahead...Winter Swim Lessons Information:

Registration is 12/13 for residents and 12/16 for non-residents.

Youth Lessons will be offered, one lesson per week, starting in January. Our program will run for 7 weeks. Lessons will be offered during weekday mornings and evenings, as well as on Saturdays and Sundays. Check out the classes with specific dates/times/cost at www.sopoparksrec.com.

The **Stroke Refinement Clinic** (ages 14+) will be offered on Tuesday mornings, Thursday evenings or Sunday early evening (NEW time!) starting in January. Adults must meet the pre-requisites to take this course.

Adult Beginner lessons (ages 14+) will be offered on Sundays at 4pm beginning in January. If you want to learn to swim, this is the course for you!

Buy a punch pass and make it easier on yourself to come and use the pool!!

Frequent User Pass

(20 Swims)

SoPo Resident: Adult \$60 ~ Youth/Senior \$40

Non-Resident: Adult \$80 ~ Youth/Senior \$60