

AFSP Committee Minutes
7/8/20 via zoom
5:00-6:30

Members present: Chad Macleod, Carol Kilroy, Tony Grande, Orion Breen, Lisa Joyce, Sue Henderson,

Call to order

Approval Minutes May, June (did not occur, no quorum)

Finances: no report, no spending

Executive Comm Report.

- Data Dashboard: Meeting July 2
- Subcommittees Confirm 1-3 objectives for next 2-3 months (see sub-committee reports)

Sub-Committees:

Transportation proposed objectives:

Collaborate with the Transit Advisory Committee and the Bike-Pedestrian Committee to:

1. Summarize research and data collected (e.g., from AFSP original survey, Transit Advisory Committee) in the City and in the metropolitan area to identify seniors' desired transportation destinations (e.g., medical care facilities, drug stores, grocery stores. Identify corresponding public and private transit resources to meet those needs.
2. Identify how to communicate transportation programs (i.e., safety, comfort, options, etc.) to seniors amidst the COVID-19 pandemic.

Next Steps:

1. Tony to send subcommittee members an email to gauge interest in continued membership, with the target of reconvening the group to discuss the objectives identified above in August.
2. Carol Ann Kilroy and Tony to write a Sentry article regarding COVID-19 precautions for seniors to consider when using public/private transportation in the City (e.g., wear facemasks, sanitize hands, etc.). Target due date for a draft is end of September (to run in November).
3. Tony to reach out to ITN for a status update.
4. Chad to reach out to Kathleen for an update on the 207 Taxi donation use; determine whether sustained funding for public transportation is of interest.

Communication proposed objectives

1. Collaborate with subcommittees to promote their work and efforts; check in with subcommittee leads at least monthly, prior to core committee meetings, to identify communication needs, interests, etc.
2. Continue to develop articles for the South Portland Sentry's "Healthy Aging" column. The following articles were discussed: September - Carol Ann Kilroy, Voting/Elections; October - Chad MacLeod, Did You Know Program; November - Carol Ann Kilroy/Tony Grande - Public Transportation and COVID-19 Precautions.
3. Leveraging the Social Services Department Community Resource Directory, establish an "Age-Friendly Resources Directory" to promote/reference a narrowed, specific set of services.

4. Using the new "Age-Friendly Resources Directory," create new pamphlets/materials (e.g., Food Resources, Health Resources, etc.) to reflect updated information post-COVID-19, with distribution to SPHA, SPC-TV, the Sentry, and other appropriate outlets (e.g., Library, Community Center, etc.).

Next Steps:

1. Kathleen to send subcommittee members an email to gauge interest in continued membership, with the target of reconvening the group to discuss the objectives identified above in July/August.
2. Carol and Chad to draft Sentry articles and provide to Kathleen when complete.
3. Kathleen to provide an update on the 207 Taxi donation use; determine whether sustained funding for public transportation is of interest.

Housing: Proposed Objectives

Establish strong subcommittee membership to assist with the following snow removal projects:

1. Coordinate with and assist the Public Works Department to prepare to re-launch the Sand Buckets for Seniors program again this winter.
2. Coordinate with and assist the Public Works Department to prepare to implement the Community Sand Barrels program this winter.
3. Implement additional snow-removal projects to assist residents:
 - a. Develop a plan to implement a volunteer-led (with assistance from SPHS, SMAA, neighborhoods, etc.) home and sidewalk shoveling program this winter.
 - b. Conduct outreach to local snowplow companies to determine the opportunity for free/low-cost services for seniors this winter.

Next Steps:

1. Chad to touch base with Laura Lee (new subcommittee member, pending approval) to discuss snow-removal projects and assistance/support needed.
2. Sue to reach out to Public Works to (a) begin collecting sand buckets from last winter's program and (b) discuss what's needed to kick off this winter's program. Sue also to reach out to Dan Hogan to determine volunteer interest in assisting with the collection effort.
3. Sue to reach out to Public Works to determine the related cost and effort in establishing the sand barrels program this winter.
4. For the snow plow/snow blow/snow shovel initiative, Chad to draft a requirements document describing the criteria/request for (a) companies/individuals interested in assisting with the effort and (b) customers interested in receiving the service.
5. Chad to reach out to Public Works to identify (a) sidewalks that are plowed by the City on a routine basis and (b) whether they have determined any areas that are under scrutiny by residents (i.e., walkability challenges) with the hope of constructing a walkability index for winter sidewalks.
6. Sue to contact information for Mr. Yerxa from the Rotary
7. Sue to contact Ross little

Health and Community proposed objectives:

1. Partner with SMAA and MaineHealth to broadcast Falls Prevention courses on SPC-TV.
2. Develop content for the "Did You Know? Age-Friendly Chats" program for monthly distribution.
3. Identify ongoing projects to assist our City's senior population with social isolation challenges, perhaps in collaboration with Community Center programs/resources.

Next Steps:

1. Lisa to put Chad and Sue in touch with Martin's Point contact for a "Did You Know?" program on telemedicine.
2. Chad to reach out to Dwayne at the Food Cupboard for a "Did You Know?" program on food insecurity.
3. Chad to reach out to Moe at SPC-TV re: airing the "Did You Know?" program on channels 1301 and 1302.
4. Lisa to provide status of grant for sustained SPC-TV program content.
5. Chad and Sue to convene new subcommittee members (pending approval) to discuss ideas/objectives/next steps.
6. Sue reach out to Karly Doyan at Community Center.

New Member Volunteers

Jana Grant, OT who is interested in Health and Communication

Karen Taylor, RN retired ER nurse manager, interested in Health and Community

Ron Morton, SMAA volunteer interested in Communication

Laura Lee, interested in Housing

Without a quorum, there were no votes on proposals, members or minutes

Next meeting:

August 12, 2020, members