

# FOOD WORKERS SICK POLICY

**DISEASES SPREAD EASILY WHEN YOU ARE  
ILL OR HAVE AN INFECTION**

**DON'T RISK SPREADING YOUR  
DISEASE**

**to your fellow workers or customers**

- **Felt sick to your stomach?**
- **Been vomiting?**
- **Had diarrhea?**
- **Had a sore throat or cold?**
- **Had open or infected cuts or sores or boils on your hands or face?**
- **Had an ill household member with the symptoms listed above?**

**Tell your boss about it immediately!**

Department of Health & Human Services  
Maine Center for Disease Control & Prevention  
Division of Environmental Health  
Health Inspection Program  
Web Site Address: <http://www.maine.gov/dhhs/eng/el>